



Health Screening



Welcome!

Advanced Medical Services based in Ireland & the UK, is the leading provider of sports and workplace health screening. Our service is nationwide and we come to your workplace making it very convenient and accessible. For many people, finding the time to have a health check-up can be impossible. Workplace health screening bypasses this issue and brings our team of Nurses and Doctors straight to your door making it very convenient. Many of our screens are managed by our friendly and professional Clinic Manager (on the day) which ensures seamless delivery of our services.

Encouraging your employees to take a short time out of their work day to have their health checked is something that could easily benefit your organisation. Not just now but in the long term, by helping to reduce illness or absence. Health Screening has also shown to increase productivity and morale within an organisation.

Advanced Medical Services has designed a range of health screening profiles designed to deliver a comprehensive overview of the health of each participant. The majority of our health screening programmes are reviewed and reported on by leading doctors and medical consultants with each participant receiving an individualised report with findings and recommendations.

The following Health Screening programmes are examples of the type of Health Screens we carry out. These are specially designed programmes and do not represent the full range of tests we carry out. If the type of test or screen you require is not present please contact us and we will endeavour to meet your organisation's needs.

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Medical Director
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AMS

Employer Benefits

- 1 Provides your employees with invaluable information about the status of their health
- 2 Gives you an understanding of your company's exposure to future health risks
- 3 Allows you to be proactive in encouraging preventative action
- 4 Decreases in absenteeism
- 5 Decrease in Presenteeism (attending work while sick)
- 6 Increase in staff morale
- 7 Fosters employee's commitment and productivity

Employee Benefits

Our on-site screening service can provide the following:

- 1 Help identify pre-existing health conditions
- 2 Assess your risk of developing different diseases
- 3 Advise on healthy lifestyles
- 4 Convenient: we come to your workplace making it very convenient for you

Your health is your wealth so looking after your health should be a priority. It makes sense to look after your health and general well-being; advances in modern medicine now mean that many devastating illnesses such as cancer, stroke and diabetes are now largely preventable.



Choose your Health Screening programme

Cardiac Screening Profiles

HeartBeat - Cardiac Screening

Personal & Family History Questionnaire

Body Mass Index & Waist Circumference

Physical Examination

12 Lead Electrocardiogram

Blood Pressure Recording

Consultant Cardiologist Review & Report

HeartBeat - Cardiovascular Screening

Personal & Family History Questionnaire

Body Mass Index & Waist Circumference

Physical Examination

12 Lead Electrocardiogram

Blood Pressure Recording

Consultant Cardiologist Review & Report

Diabetes & Cholesterol screening

Diabetes & Cholesterol

Body Mass Index

Blood Pressure

Waist Circumference

Full Lipid Profile

Diabetes (HbA1c)

Nurse On-site

Body Mass Index

Blood Pressure

Waist Circumference

Cholesterol & Glucose

Body Mass Index

Blood Pressure

Waist Circumference

Total Cholesterol

Glucose

Health Screening Profiles



Essential Screen

This profile provides a range of physical and blood tests in conjunction with a questionnaire which will help identify a range of specific health conditions such as diabetes, heart disease, obesity and cancer.

Body Mass Index
Waist Circumference
Blood Pressure
ECG (Cardiologist review)
Lung Function Test (spirometry)
Full Lipid Profile
Diabetes
FBC
Health & Lifestyle Questionnaire
Doctor sign off
Advanced Health Report



Total Screen

The Total Health Screen has additional blood tests including liver and renal profile.

Body Mass Index
Waist Circumference
Blood Pressure
ECG (Cardiologist review)
Keystone Eye Test
Lung Function Test (spirometry)
Renal profile
Liver profile
Full Lipid Profile
Diabetes
FBC
Health & Lifestyle Questionnaire
Doctor sign off
Advanced Health Report

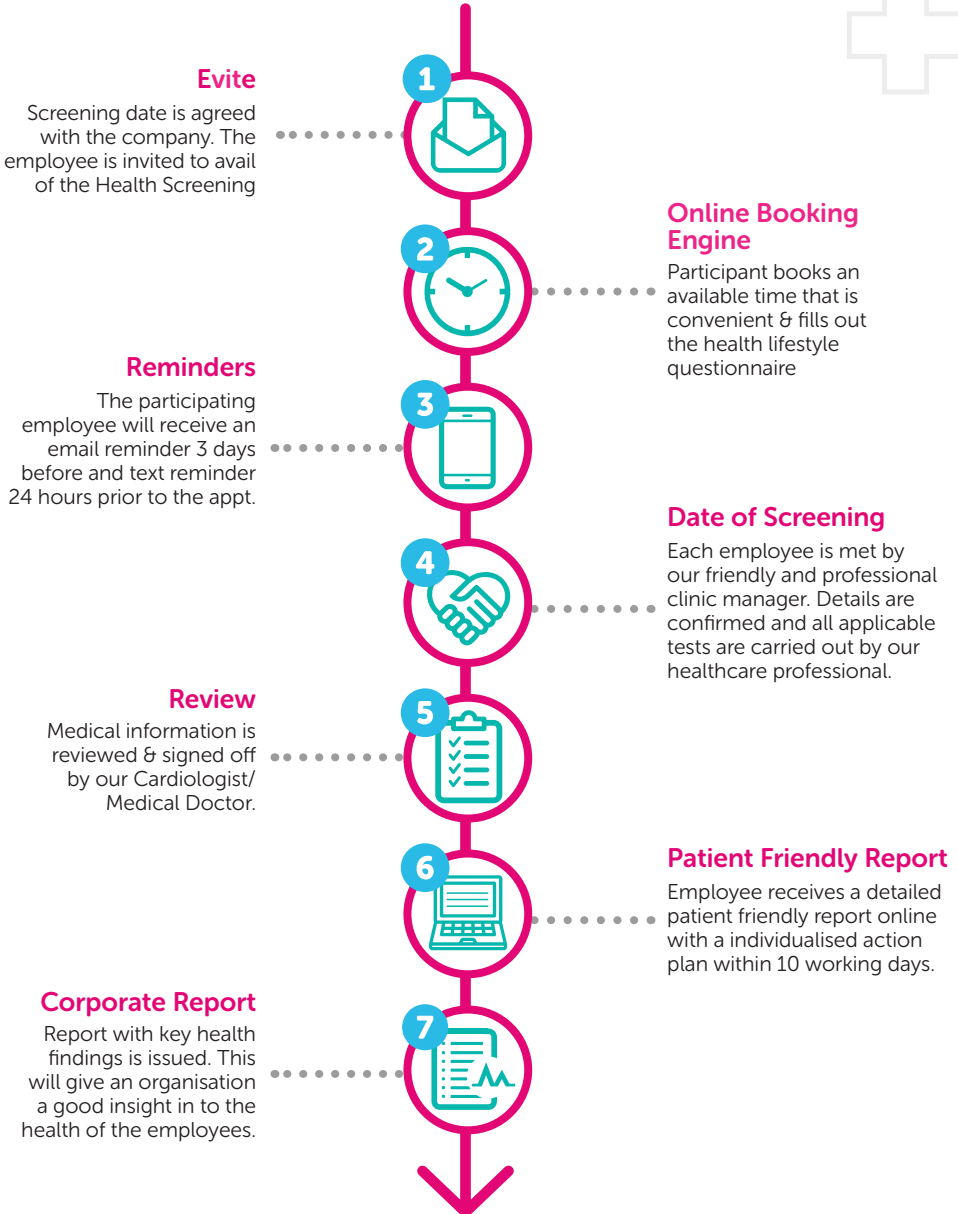


Complete Screen

The Complete Screen offers a very comprehensive range of physical and blood tests and will give the participant a good indication of their overall health.

Body Mass Index
Waist Circumference
Blood Pressure
ECG (Cardiologist review)
Keystone Eye Test
Lung Function Test (spirometry)
Renal profile
Liver profile
Full Lipid Profile
Diabetes
FBC + 5 Part Difficle
Thyroid
Urinalysis
Bone Health (Calcium, Mag, Phosphate)
Questionnaire
Doctor sign off
Advanced Health Report

Implementation & Delivery of the Health screening programme



Additional Services

On-Site Dental Checks

Our unique Dental checks are provided by our qualified dentist and dental nurse. The checks will take approx. 10 minutes and the dental team use state of the art intra-oral cameras. The examination checks for the following:

- Mouth Cancer
- Gum Disease
- Tooth decay

This examination is painless and there are no drills or unpleasant sounds. All employees can avail of the Dental Screen on the day that we are on-site.



Skin Care Clinic

Our skin care clinic will provide a Primary Care level screening service for several common skin conditions such as eczema, psoriasis, warts and simple moles. Our doctors will advise patients of the warning signs in the development of skin cancer.

Where there is a suspicion of a skin cancer they will advise review with the patient's General Practitioner where specialist dermatological opinion may be arranged.

GP Onsite Drop in Clinic

The aim of this service is to provide a facility at designated work places whereby employees can attend an on-site General Practitioner for routine, once off medical consultations.

GP Presentations

In addition to this the GP can present to employees focusing on different topics e.g.. Men's/Women's Health, Heart Health, Skin Conditions & Smoking Cessation



Flu Vaccinations

Vaccinating your employees against flu will help to stop the spread of flu at work (thus keeping people productive through winter). Our Process is:

- The participant will be invited to avail of the flu vaccination programme.
- The participant will also receive a text message reminder the day before their flu vaccine appointment.
- Each employee will be able to make a booking using our online booking engine. This will allow them to book an available slot or time that suits them best. The participant will then receive an email confirmation of their appointment which will include information about the vaccine and any possible contraindications for people availing of the vaccine.
- Each employee is met by our Doctor or nurse who will explain exactly what is involved before administering the Flu Vaccine. The employee will be required to read and sign a consent form. The Vaccine will be administered by our Doctor or nurse and will take a few minutes per person.

Occupational Health

Ergonomic Assessments

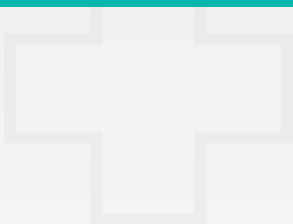
We can carry out ergonomic assessments on individual workstations to help reduce the risk of musculoskeletal and repetitive strain injuries to your employees whilst also ensuring you are legally compliant.



Vision Screening

This process establishes the visual status of an individual with regard to the appropriate criteria required for their work situation. The test includes near, distant and middle vision screen, with colour vision, depth perception and peripheral field tests. In line with best practice we carry out the vision screening using the Keystone View VS-11 vision screener.

Advice would be given to the employee and, if appropriate, referral would be made to visit an optician to obtain a more detailed test or prescription.



“Consistently professional to deal with and extremely helpful with any concerns or queries. The cost of the screening was excellent value for money”

- Occupational Health Nurse, Multinational Cork

“With the help of the AMS Team, we were able to bring potentially lifesaving cardiac screening to our colleagues in stores, offices and warehouses across the country. The team were helpful and professional at all times and the feedback from our colleagues has been fantastic”

.- Lidl Ireland

“We would strongly recommend AMS Screening”

- HR Manager, Sunlife Financial



‘An ounce of prevention is worth a pound of cure’

- Benjamin Franklin

We can provide tailored wellness packages based on
your company’s Health screening results

For more information

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